





MENÚ SIN GLUTEN

ENTRANTES

- **Ensalada verde "SIN GLUTEN"** 6,25
Lechuga, tomate, cebolla y pepino
- **Ensalada menorquina "SIN GLUTEN"** 9,25
Lechuga, tomate, espinacas, pepino, queso menorquín nueces y alcarras
- **Ensalada de tomate y mozzarella "SIN GLUTEN"** 8,50
Tomate, mozzarella y aceite de albahaca
- **Ensalada cabrales "SIN GLUTEN"** 10,50
Surtido de brotes, rulo de cabra gratinado, pistachos, nueces, tomates cherry, aceitunas negras y reducción de vinagre de Módena
- **Pan "SIN GLUTEN"** 3,75
- **Barcos de piña y melón con jamón "SIN GLUTEN"** 9,75
- **Patatas fritas "SIN GLUTEN"** 4,25
- **Nachos con Mozzarella "SIN GLUTEN"** 8,95

TORTILLAS

- **Tortilla de jamón y queso* "SIN GLUTEN"** . . . 7,25
- **Tortilla de champiñones naturales* "SIN GLUTEN"** 7,25
- **Tortilla de jamón* "SIN GLUTEN"** 7,25
- **Tortilla de queso* "SIN GLUTEN"** 7,25

(*) SE ACOMPAÑAN CON ENSALADA

PASTA

- **Macarrones napolitana "SIN GLUTEN"** 9,95
- **Macarrones boloñesa "SIN GLUTEN"**. 9,95
- **Macarrones con salsa de queso "SIN GLUTEN"** 11,25
- **Macarrones con salsa champiñones** 11,25
- **Macarrones carbonara "SIN GLUTEN"** 11,25

PIZZAS ARTESANAS

- **Pizza Marga "SIN GLUTEN"**. 11,25
Mozzarella, tomate y orégano
- **Pizza Roma "SIN GLUTEN"** 12,25
Mozzarella, tomate, orégano, jamón y champiñones
- **Pizza Jam "SIN GLUTEN"**. 12,00
Mozzarella, tomate, orégano y jamón
- **Pizza Caserío "SIN GLUTEN"** 12,50
Mozzarella, tomate, orégano y queso menorquín
- **Pizza Fish "SIN GLUTEN"**. 12,50
Mozzarella, tomate, orégano y atún
- **Pizza Holidays "SIN GLUTEN"** 12,50
Mozzarella, tomate, orégano, jamón, champiñones y salsa barbacoa
- **Pizza Milasa "SIN GLUTEN"** 12,00
Mozzarella, tomate, orégano y salami
- **Pizza Vegetal "SIN GLUTEN"** 12,50
M.T.O. cebolla, pimienta rojo, pimienta verde y champiñones
- **Pizza Italia "GLUTEN FREE"** 12,95
Mozzarella, tomate, oregano, rúcula, parmesano y jamón serrano
- **Pizza Gamberetti "GLUTEN FREE"** 14,25
M. T. O. ajos y gambas frescas peladas

PAELLAS

- **Paella verduras "SIN GLUTEN"** 15,00
- **Paella de pollo "SIN GLUTEN"** 17,25
- **Paella de marisco "SIN GLUTEN"** 20,25
- **Paella mixta "SIN GLUTEN"**. 18,75

CARNES

- **Solomillo al grill* "SIN GLUTEN"** 23,00
- **Solomillo con salsa de queso* "SIN GLUTEN"** . 25,95
- **Solomillo con salsa pimienta* "SIN GLUTEN"** . 25,95
- **Entrecot al grill* "SIN GLUTEN"**. 19,25
- **Entrecot a la pimienta* "SIN GLUTEN"** 21,25
- **Entrecot con salsa de queso* "SIN GLUTEN"** . 21,25
- **Chuletas de cordero* "SIN GLUTEN"**. 12,75
- **Solomillo de cerdo a la plancha* "SIN GLUTEN"** 12,75
- **Solomillo de cerdo con salsa de queso* "SIN GLUTEN"** 14,50
- **Pechuga de pollo a la plancha* "SIN GLUTEN"** 10,50
- **Pechuga de pollo con salsa de queso* "SIN GLUTEN"** 12,50
- **Pechuga de pollo a la pimienta* "SIN GLUTEN"** 11,25
- **Cordon blue de pollo* "SIN GLUTEN"** 14,25
- **2 hamburguesas "SIN GLUTEN"** 9,25
- **Hamburguesa con pan "SIN GLUTEN"** 10,25
- **Costillar de cerdo con chips "SIN GLUTEN"** . . . 14,75

(*) SE ACOMPAÑAN CON PATATA ASADA Y ENSALADA

PESCADOS

- **Filete de gallo* "SIN GLUTEN"** 15,25
- **Merluza a la plancha* "SIN GLUTEN"** 10,95
- **Sardinias a la plancha* "SIN GLUTEN"** 9,50
- **Emperador a la plancha* "SIN GLUTEN"** 12,25
- **Salmón a la plancha* "SIN GLUTEN"** 14,25
- **Atún a la plancha* "SIN GLUTEN"** 13,25
- **Mejillones al vapor "SIN GLUTEN"** 11,25
- **Calamar a la plancha* "SIN GLUTEN"** 18,95
- **Sepia a la plancha* "SIN GLUTEN"** 14,50

(*) SE ACOMPAÑAN CON PATATA ASADA Y ENSALADA

MENÚ DE NIÑOS

- **Nuggets con patatas (4) "SIN GLUTEN"** 7,25
- **Cordon Blue de pollo con patatas "SIN GLUTEN"** 14,25
- **Frankfurt con pan y patatas** 8,95

BEBIDAS

- **Cerveza (33cl) "SIN GLUTEN"** 3,25
- **Zumos "SIN GLUTEN"** 2,70



FREE GLUTEN MENU

STARTERS

- **Green salad "GLUTEN FREE"** 6,25
Lettuce, tomato, onion and cucumber
- **Menorcan salad "GLUTEN FREE"** 9,25
Lettuce, tomato, spinach, cucumber, menorcan cheese, nuts, and capers
- **Tomato and mozzarella salad "GLUTEN FREE"** 8,50
Tomato, mozzarella and basil oil
- **Cabrales cheese salad "GLUTEN FREE"** . . . 10,50
Sprouts, goat cheese gratin, pistachios, walnuts, cherry tomatoes, black olives, Modena vinegar reductio
- **Plain bread "GLUTEN FREE"** 3,75
- **Pineapple and melon boats with parma ham "GLUTEN FREE"** 9,75
- **French fries "GLUTEN FREE"** 4,25
- **"Nachos" with Mozzarella "GLUTEN FREE"** . . 8,95

OMELETTES

- **Ham and cheese omelette* "GLUTEN FREE"** . 7,25
- **Fresh mushrooms omelette* "GLUTEN FREE"** 7,25
- **Ham omelette* "GLUTEN FREE"** 7,25
- **Cheese omelette* "SIN GLUTEN"** 7,25

(*) SERVED WITH SALAD

PASTA

- **Macarroni napolitana "GLUTEN FREE"** 9,95
- **Macarroni bolognese "GLUTEN FREE"** 9,95
- **Macarroni with cheese sauce "GLUTEN FREE"** 11,25
- **Macarroni with mushroom sauce "GLUTEN FREE"** 11,25
- **Macarroni carbonara "GLUTEN FREE"** 11,25

ARTISANS PIZZAS

- **Pizza Marga "GLUTEN FREE"** 11,25
Mozzarella, tomato, oregano
- **Pizza Roma "GLUTEN FREE"** 12,25
Mozzarella, tomato, oregano, ham and mushrooms
- **Pizza Jam "GLUTEN FREE"**. 12,00
Mozzarella, tomato, oregano and ham
- **Pizza Caserío "GLUTEN FREE"** 12,50
Mozzarella, tomato, oregano, Menorcan cheese
- **Pizza Fish "GLUTEN FREE"**. 12,50
Mozzarella, tomato, oregano and tuna
- **Pizza Holidays "GLUTEN FREE"** 12,50
Mozzarella, tomato, oregano, ham, mushrooms, BBQ sauce
- **Pizza Milasa "GLUTEN FREE"** 12,00
Mozzarella, tomato, oregano, salami
- **Pizza Vegetal "GLUTEN FREE"** 12,50
M. T. O. onion, red pepper, green pepper and mushrooms
- **Pizza Italia "GLUTEN FREE"** 12,95
Mozzarella, tomato, oregano, rocket, parmesan and serrano ham
- **Pizza Gamberetti "GLUTEN FREE"** 14,25
M. T. O. garlic and peeled fresh prawns

PAELLAS

- **Vegetable paella "GLUTEN FREE"** 15,00
- **Chicken paella "GLUTEN FREE"** 17,25
- **Seafood paella "GLUTEN FREE"** 20,25
- **Mixed paella "GLUTEN FREE"** 18,75

MEATS

- **Grilled fillet steak* "GLUTEN FREE"** 23,00
- **Fillet steak with cheese sauce* "GLUTEN FREE"** 25,95
- **Fillet steak with pepper sauce* "GLUTEN FREE"** 25,95
- **Grilled sirloin steak* "GLUTEN FREE"** 19,25
- **Sirlon steak with papper sauce* "GLUTEN FREE"** 21,25
- **Sirlon steak with cheese sauce* "GLUTEN FREE"** 21,25
- **Grilled lamb chops* "GLUTEN FREE"** 12,75
- **Grilled pork fillet* "GLUTEN FREE"** 12,75
- **Pork fillet with cheese sauce * "GLUTEN FREE"** 14,50
- **Grilled chicken breast* "GLUTEN FREE"** . . . 10,50
- **Chicken breast with cheese sauce* "GLUTEN FREE"** 12,50
- **Chicken breast with pepper sauce* "GLUTEN FREE"** 11,25
- **Cordon blue of chicken* "GLUTEN FREE"** . . 14,25
- **2 Hamburgers* "GLUTEN FREE"** 9,25
- **Hamburger with roll "GLUTEN FREE"** 10,25
- **Spare ribs with chips "GLUTEN FREE"** 14,75

(*) SERVED WITH JACKET POTATO AND SALAD

FISH

- **John Dory fillet* "GLUTEN FREE"** 15,25
- **Grilled hake* "GLUTEN FREE"** 10,95
- **Grilled sardines* "GLUTEN FREE"**. 9,50
- **Grilled swordfish* "GLUTEN FREE"** 12,25
- **Grilled salmon* "GLUTEN FREE"** 14,25
- **Grilled tuna fish* "GLUTEN FREE"**. 13,25
- **Steamed mussels "GLUTEN FREE"** 11,25
- **Grilled squid* "GLUTEN FREE"** 18,95
- **Grilled cuttle fish* "GLUTEN FREE"** 14,50

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CHILDREN'S MENU

- **Nuggets with potatoes (4) "GLUTEN FREE"** . 7,25
- **Cordon Blue chicken with potatoes "GLUTEN FREE"** 14,25
- **Frankfurt with bread and potatoes** 8,95

DRINKS

- **Beer (33cl) "GLUTEN FREE"** 3,25
- **Fruit juice "GLUTEN FREE"**. 2,70

HELADOS Y POSTRES



4,95€

SIN GLUTEN

PORCION CROCAN TI



3,95€

SIN GLUTEN

MINI CAROLINA

Tarta de helado de nata entre crujientes láminas de chocolate. Todo un clásico



5,50€

SIN GLUTEN

BISCUIT CARAMELO



5,95€

SIN GLUTEN

TRUFITO



5,95€

SIN GLUTEN

**TARTA DE CHOCOLATE FUDGE
CON HELADO DE VAINILLA**



2,95€

SIN GLUTEN

**VASITO PREMIUM
VAINILLA SALSA CHOCOLATE**



5,95€

SIN GLUTEN

**CREP CHOCOLATE
CON HELADO DE VAINILLA**



6,95€

SIN GLUTEN

LIMÓN



5,50€

SIN GLUTEN

COPA 3 VARIETÀ TRES GUSTOS



6,75€

SIN GLUTEN

COPA TENTACIÓN FRESA

Fresas naturales,
helado de fresa, nata y sirope



6,75€

SIN GLUTEN

COPA TENTACIÓN CHOCOLATE

• Helado de chocolate, nata, conguitos y salsa de chocolate

COPA TENTACIÓN VAINILLA

• Helado de vainilla, nata y caramelo



6,95€

SIN GLUTEN

COCO

ICE CREAMS AND DESSERTS



3,95€

MELÓN NATURAL



1,95€

PLÁTANO NATURAL



3,95€

PIÑA NATURAL



5,95€

VACKY



5,95€

PUNKY



5,95€

LEÓN



6,25€

HUEVO LACASITOS



2,95€

CHOCOCLACK



3,95€ NUII CARAMELO



2,95€

PIRULO COOL FRESA



3,15€

FANTASMIKOS



2,95€

PIRULO TROPICAL



2,95€

SANDIA



3,95€

BLANCO



2,95€

MIKOLAPIZ VAINILLA

